## The most comprehensive solution to evaluate functional exercise capacity during walking tests



- Offline and Online modalities
- Standard 6MWT, ESWT, ISWT and custom protocols
- ► Titration test
- ► Plethysmographic pulse oximetry curve in real-time
- ► Perfusion Index for each Sp02 value
- ▶ Automatic QC
- ► Pace control during shuttle tests via audible signals
- ► ATS standard message for 6MWT
- Several predicted sets

The Walking tests module extends OMNIA functionalities to comprehensive solutions for walking and titration tests.

Walking and titration tests allow to evaluate exercise capacity, assess prognosis, evaluate treatment response in chronic respiratory diseases and determine the appropriate level of supplemental O2 required to prevent or attenuate subjects desaturation.

Both Offline and Online modalities are available to monitor main parameters (SpO2 and HR) progression. The Online modality can be performed with a laptop or tablet PC and allows the direct entry of markers and useful information on the software. A quality control check on each recorded value and the plethysmographic pulse oximetry curve provide a visual feedback ensuring high accuracy throughout all test execution.

The Offline modality allows to record test events (including laps, fatigue and blood pressure) on a tailored worksheet. Data can then be downloaded on OMNIA and integrated with the collected information at any time.

Custom protocols can be created in addition to the standard 6 Minute WalkTest (6MWT), Endurance Shuttle Walk Test (ESWT) and Incremental Shuttle Walk Test (ISWT).

The Walking tests module can be integrated in a complete diagnostic ecosystem powered by OMNIA, gathering all its benefits and functionalities.







Nonin® 3150 WristOx2 BLE Pulse Oximeter

COSMED 10 de	ED I Plani di Monte Savello, 37 - 00041 Albano Laziale - Rom	Visitive 23/09/2022 Printed In
	/www.cosmed.com	29/09/2022
SUBJECT DEN	DEM0000	Gender Age Weight (iii) Height (iiii) 195.0
Grouping	0.00.00.00.00.00.00.00.00.00.00.00.00.0	8M (lig/ln2) Smaler Smoking/bas Og/Day
Operator	- 04/03/1967 Physical	Class Ethnicity
	-	- Caucasian
( 190 feet 1	dication before test	
	Walking Limitations	
Supplemental O2 L/min		
Type	Delivery Device	Mode of Transport
Pulse Dose	Nasal Cannula	Carried Shoulder Unit
Cantinuous Rew	Oxygen Pendant	Pushed/Pulled Cylinder
Other	Other	☐ Other
Laps Completed #		
1 2 3 4 5 6 7 8	9 10 11 12 13 14 15 16	17 18 19 28 21 22 23 24  Final Partial Lap (feet)
Baseline	Exercise	Recovery
Dyspnea		
Leg pain		
Blood Pressure		
Pause Total Pauses #	Total Pauses Duration	_
Reason for Stopping Test		
Angina (major reason)	General fatique	Other chest pain
Shortness of breath	Technical difficulties	Subject request
☐ Physician request	Leg pain	Other
Comments		
Commencs		
Sign		
1		

Offline modality worksheet to take note of the parameters of interest

## Bibliography:

- A. E. Holland et al. "An official European Respiratory Society/American Thoracic Society technical standard: field walking tests in chronic respiratory disease" Eur Respir J 2014; 44: 1428–1446.
- R. O. Crapo et al. "ATS Statement: Guidelines for the Six-Minute Walk Test" Am J Respir Crit Care Med 2002 Vol 166. pp 111–117.



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Technical Specifications				
Product	Description	REF		
OMNIA software	OMNIA w/ Hardware Key (media box)	C04160-01-11		
Walking tests module	Walking tests/Titration module for OMNIA software	A-670-100-029		
Compatible Pulse Oximeter	Description	REF		
Model	Nonin® 3150 WristOx2 BLE Pulse Oximeter	A-661-600-018		
Туре	Bluetooth Low Energy			
Power Supply	2xAAA 1.5 V alkaline batteries			
Sp02 Range	0-100%			
HR Range	18-321 bpm			
Options and Accessories		REF		
Bluetooth Antenna	Long Range Bluetooth 5.1 USB Adapter	A-661-509-002		
OMNIA Features				
Measured parameters	SpO2, HR, Duration, Laps, Perfusion Index, Phase duration, Pause duration, Number of Phases, Number of Pauses, Battery status			
Entered parameters	Blood pressure, Leg pain (Borg scales), Dyspnea (Borg scales), mMRC, Supplemental O2 (type, delivery device, mode of transport), Walking aid, Walking limitations, PaO2 (HAST test), Number of completed laps, Final lap			
Calculated parameters	Baseline Sp02, Min Sp02, Average Sp02, Final Sp02, Max HR, Final HR, B0DE Index, 6MWD, 6MWW, T(Sp02≤%), T(ΔSp02>%)			
Protocol variables	walk path, Phases duration, lap increment, pause settings			
Modalities	Online, Offline (worksheet provided)			
Quality control	Perfusion Index, Phethysmographic pulse oximetry curve, data quality check			
Test duration	Unlimited			
Languages	English, Chinese (Traditional & Simplified), Czech, Danish, Dutch, French, German, Greek, Hebrew (interpretation only), Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Romanian, Russian, Spanish, Swedish, Turkish			
PC Requirements	Windows 8.x (32 bit, 64 bit), Windows 10 (32 bit, 64bit), Windows 11 (64bit)			
OS Requirements	CPU $\geq$ 2Ghz, RAM $\geq$ 4GB, HD $\geq$ 10GB for full installation, Monitor resolution $\geq$ 1366x768 pixel, $\geq$ 2 USB port			
Safety & Quality Standards				

MDD (93/42 EEC)



Online modality allows to monitor SpO2 and HR trends